

CONTROL BROWN ROT

Grimsby Independent

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Grimsby Boy Captures Heinie

Experienced Eye Caused Roundup

C.Q.M.S. Edw. House Apprehends Eckhart Brodie, Luftwaffe Prisoner of War After He Had Bluffed His Way Out Of Two Previous Pick-Ups.

HIS THIRD ESCAPE

Carrying Registration Card And Other Documents — Claimed To Be Spanish — Rode The Mail Car — Could Not Foot An Old Vet.

The keen eye and experience of a Grimsby boy and soldier, put a three time escaped German Prisoner of War back in behind the barbed wire, three nights before Christmas.

Credit for the capture of this German aviator goes to C.Q.M.S. Edw. House, whose wife and son Donald, live at No. 3 John street, and his father Austin E. who has just passed the 30th milestone, and his good wife, live at No. 14 John street.

In the three attempts to break prison camp that Eckhart Brodie has made, the last one was the most successful of all. On the first appearance at the station when he surprised the mail clerks on the Timmins-North Bay southbound train, when he appeared in front of them.

Grimsby Boy Seen In News Reel

Luftwaffe Prisoner, Jack Sutherland Pictured Marching Down A Road In Italy.

A lot of Grimsby people got a great glimpse of a bit out of the News reel at Moore's Theatre on Wednesday and Thursday night.

The reel showed scenes of a large batch of German prisoners in Italy, along with the middle scene where they are marching down a road with their hands behind their heads.

Jack in the role of Mr. H. E. Sutherland, Luftwaffe prisoner, and a brother of "Jacky" Sutherland, Clinton, Ontario. He has been overseas over two years being a member of a battery commanded by Major Art. Duggan of North Grimsby, and accompanied by a large number of other Grimsby boys.

Stork Fell Down On His Job

Vital Statistics For 1943 Show That Population Was Certainly Not Increased By Access Of Babies.

If the population of Grimsby increased in 1943, it was not because the stork did anything to help. The drop in births in the town over 1942 was pronounced.

Don Cupid and his little bow and arrow did not do so badly, there being only a slight difference in the number of marriages for the comparative years.

The Office of Statistics neither increased nor decreased its figures of the previous year. Figures for the two years as compiled by Clerk G. U. Bourne, are as follows:

| | 1942 | 1943 |
|-----------|------|------|
| Births | 13 | 75 |
| Deaths | 22 | 25 |
| Marriages | 35 | 41 |

LINCOLN COUNTY PRACTICALLY DESTRUCTIVE HOOLIGANISM AT CEMETERY SKATING POND

Debt of \$9,200 Paid Off On Monday — At Present Total Debt Is \$34,200, Of Which \$25,000 Will Be Paid In October.

Last Debt of \$9,200 Will Be Paid In January, 1945 When County Will Be Absolutely Debt Free.

Lincoln County came within \$34,200 of being totally debt free on Monday.

After struggling since the last war under a heavy debt, which annually capped the county ratepayers with a levy on interest and principal charges for the sinking fund, the county began to see light this week.

A serial issue of \$9,200 came due Monday and was paid. Last of 10 annual payments on this issue will be made next January 1st, which will wipe out completely the county debt. The issue was made 10 years ago to help build provincial highways, and a tenth of the debt has been paid off each year.

Only one other debt remains to be retired before next January, and that is a \$25,000 debt incurred 30 years ago to pay for county roads. Most of the money for this payment has already been raised over a period of years and is in a sinking fund awaiting the due date, next October 1st.

When this amount is paid off in October then the county debt will be reduced to \$25,000, which will be paid in January 1945 and the county will be entirely free from debt.

Our County Town Breaks Records

1943 The Most Outstanding Year In History Of The Garden City In Financial Way.

Financial records lay is broken here about the council chambers in St. Catharines' Municipal Building last week as the 1943 city council left after one of the most outstanding years in the history of the Garden City.

Finance Chairman A. A. Z. Coombs, summing up the year, reported:

Revenue for the year, \$444,777. Lowest taxes collected in 30 years.

Lowest net debt in over 30 years. Lowest per capita cost in Ontario.

Lowest tax arrears in 22 years. Highest amount in history.

Lowest general tax rate since 1915.

One of lowest per capita law suits in province.

1944 Holidays

Here are the holiday dates and days in Leap Year, 1944. First we have February 17th, that is the Editor's Birthday, and will be a big move-out. Good Friday comes on the 7th of April and Easter Sunday on the 9th. Victoria Day comes on a Wednesday, Dominion Day on a Saturday, and Civic Holiday on Monday, August 7th. Labor Day will fall on Sept. 4th and October 9th will likely be Thanksgiving Day. Armistice, Nov. 11th, comes on a Saturday and Christmas on a Monday.

Three Airmen Brothers



The above trio are sons of George and Mrs. Spencer, Ridge Road east, North Grimsby, all of them members of the R.C.A.F. From left to right, they are George, Jr., Eng-Mechanic; Sergt.-Air-Gunner Kenneth, overseas; L.A.C. John, who has just recently landed in England. George Spencer, the father is an original veteran of the 1914-18. In the last war and spent four Christmases in Europe, one of them in Germany. Mrs. Spencer was an English war bride, arriving in Canada in 1912.

FRUIT BY AIR

There is not much doubt but that the war with Germany will be over in 1944, and not too far along either. Then the big sweep against Japan will start and that will soon wind up.

Therefore it's about time we started doing a little planning on our post war air transportation of fruit. Our incoming council will no doubt be asked questions throughout the year about post war projects.

The one big question that we should be getting busy on, is the construction of a landing field for big transports that will eventually carry Grimsby peaches and other fruits to the 99 corners of the earth. Our council will have to bear their share of responsibility in the planning and building of this field.

Our fruit growers have to get busy and do something. They can not sit idly by and say "Let Geor. Do It". They will find themselves without European markets. Market will be grabbed up by other districts, even though they produce an inferior grade of fruit. Our fruit growers must be prepared to put up from \$200 to \$500 a piece to put over this project and they will undoubtedly get their money back a thousandfold.

We must be the first district to put fruit on the Continental markets. We have the pilots and the ground crew men. We can easily get the transports that will place Grimsby berries, cherries, pears, peaches, plums, grapes and tomatoes in London or Coventry overnight.

The big Peach King transport can take off from Grimsby airfield at seven p.m. with 40 tons of peaches. Arrive in London eight hours later. Deliver 8,000 six quart baskets at a \$1 a basket instead of 10 cents, and be back home again for supper.

A fruit grower can deliver his fruit to the airfield packing house just as easy as he can to any other packing house. It's simply a case of from the tree or the bush to the packing house, to the plane, to London. But we must be ready to go when the war is over.

It is almost a year now since The Independent first introduced this subject. We had faith and vision then. We have greater faith and vision now.

(Continued on page 7)

Grimsby, (Eng.) Jan. 1, 1944

GRIMSBY INDEPENDENT,
Grimsby, Ontario.

New Year's Greetings To All

GRIMSBY NEWS.

Grimsby, England.

Exhaustive Report Very Informative

Condition In The United States Became Very Acute — Drastic Measures Had To Be Taken — Great Results Have Been Obtained.

WE CAN DO IT TOO

Growers Undertook To Carry Out A Complete And Minute Program Of Orchard Sanitation — Brown Rot Is No Longer A Problem.

By George Marr,
Niagara Packers, Ltd.

Should any virtue be found in this report which deals with the brown rot problem and effective measures adopted for its control by growers in certain sections of the United States, the credit belongs to Mr. Lloyd Carpenter a native of this district, who supplied much of the information himself and who spared neither effort nor expense in making it possible for me to find out all there was to find out about how this serious problem had been dealt with.

Mr. Carpenter, a son of C. W. F. Carpenter, holds a very responsible position with the largest marketing agency in the United States, so far as farm produce is concerned and was instrumental in having effective measures adopted for the control of brown rot in those sections of the United States where the situation had become a serious one.

In order to find out what methods had been adopted to effectively deal with the Brown Rot problem, I visited the states of Maryland, West Virginia and Virginia, where weather conditions are somewhat similar to conditions prevailing in the Niagara Peninsula, and where there was and still is in some orchards heavy and serious infections of Brown Rot.

The conditions there became acute the American Growers Association, the largest marketing organization in the United States so far as farm produce is concerned, decided something had to be done, and sought the co-operation of the best pathologist they could.

(Continued on page 7)

Sergt. In R.C.A.F. Called To Army

Local Lad Enlisted Over Three Years Ago — Given Alternative Of Joining American Forces.

Some day Ottawa is going to get caught up with itself, in the matter of calling men for the army.

Grimsby had another example last week of the utter lack of complete records of the young manpower of the country and where they are and what they are doing.

A Grimsby boy who has been in the R.C.A.F. for three years and three months, and has worked his way up to the rank of a sergeant, received his call to report for medical examination for the army.

The draft board was very nice about the matter (7) as they offered him the alternative of enlisting in the United States forces, he having been born in the States, coming to Canada as a baby. These facts of course they secured from his registration papers which he filed in August 1940, just previous to enlisting.

Township Council Has Long Record

Five Members Have Given 73 Years Service To Municipality — Clerk Allan Has Served 44 Years.

The five members of North Grimsby township council, returned by acclamation for another eighth consecutive term as a body, have an aggregate municipal service of 73 years.

Thomas Allan, municipal clerk and guiding hand at the council meetings, has a total of 46 years to his credit, this making a total of 119 years for the six men.

Mr. Allan, incidentally, serves of the township.

Door Torn From Hinges And Toilets Otherwise Damaged — Benches Placed On Ice Froze In And Had To Be Chopped Out.

ICE IS GOOD

No Trouble In Day Time When Supt. Cloughley Is There — Rowdies Must Stop Or All Skating Will Be Prohibited.

There is a nice sheet of ice on the cemetery pond, and the kids of the district have had a lot of healthy fun there during the holidays, but this privilege is liable to be cut off, unless some of the rowdy tactics of the older boys and girls cease.

During the day when Supt. Andy Cloughley is working around the cemetery there is no trouble. It is at night that the damage is done.

At the edge of the pond there are two benches, provided for the use of skaters, in changing their shoes. On two occasions, at night, these benches have been shoved out on the ice and left there, with the result that they "froze-in" and had to be chopped out.

Last week the door on the toilet was torn from its hinges and a quantity of siding on the outside of the building ripped off.

Councillor Bull, Chairman of the Property committee states, that unless this destructive hooliganism is not stopped at once, the pond will be closed to all skaters, large and small. He does not wish to take this drastic action, owing to the fact that the Army is not operating, and there are very few places in the district where the kids can go and skate, but unless the rowdies stop, the pond will be closed.

Provincial Police Open New Offices

Have Taken Up Quarters In Municipal Building — Will Handle Traffic As Well As Police Work.

Grimsby detachment of the Provincial Police moved into their new offices in the municipal building on New Year's day.

The two officers stationed here, Constables E. Bowen and Ernest Hart, will be in charge of provincial police investigations in the townships of North Grimsby, Clinton and South Grimsby and will also handle accidents on highway No. 8 and the Queen Elizabeth Way from the Westworth county line east to Vineland.

Constable A. E. Reilly has taken over duties in the Smithville area and will police the townships of Caustar and Gainsboro as well as handle traffic on highway No. 20 from Westworth county line east to the Welland county line and highway No. 37 from Blenheim to Wellandport.

Until such time as he can secure a house at Smithville, Constable Reilly will continue to reside in Grimsby.

December Weather

December was a very favourable month for the farmer. Rainfall for the month, 37 inches. Lowest temperature, Dec. 10th, 5 degrees above zero.

The Grimsby Independent

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FACTS & FANCIES

Frank Fairburn, Jr.

WHAT'S WRONG WITH OUR CITIZENS?

Grimsby is without a complete council for 1944. We have a Mayor, a Reeve and four Councillors. We are short two members of that most important body because some two of 14 nominees for the position, declined to qualify for office after being nominated.

A local wag suggests that we might apply to Neighbour Geo. P. Weir of the Selective Service and have him order two men to fill the seats.

But the situation is no joke. As a matter of fact it is a bad situation and goes farther than just the fact that we are short two council members. It reverts back to the fact that since our town has arrived in the enviable financial position that it enjoys, that our ratepayers have become too snug and complacent.

This is a question that our citizens should give some serious thought to. They must realize that in 1933 our tax rate was 63 mills and in 1943 was the lowest for any town in Ontario at 29 mills; that we have the best paying Hydro System in the province; that our Waterworks System is a money maker; but that we cannot in all our municipal prosperity sit back and let the whole works go to rack and ruin again.

These are war years and we must be constantly on our toes in the operation of all our municipal bodies. We must continue the splendid work of the past six years, so that when the post-war days arrive we will be able to carry on the many works that will be necessary, without appreciably increasing our tax rate.

I am not inclined to place any particular blame on Anderson and Alton for not qualifying. They have given the town three years of very valuable service. I am not inclined to blame ex-Mayor Lewis or ex-Reeve Wilkins for not qualifying. They have given the town years of their service. I am more inclined to blame the other nine men nominated, as they have never yet given the town any of their services.

On the whole the ratepayers in general are really to blame. In their smugness they are willing to sit back and take all their good municipal fortune for granted. It is time that they woke up and realized that if Grimsby is to continue its present state of prosperity, that they must do their share. Not leave it all to a few men, when when something like the present incident occurs, go running around in circles, like Walt West's hound dog chasing its tail.

Get busy, citizens, and see that two good, live wire, young businessmen are nominated and elected by acclamation, at the next nomination that will have to be held.

HANDSOME TOWNS

In some towns draw in new people for work and business. Industrious and prosperous folks like to settle in such a place, for they feel the work and business chances will be good, and there will be good opportunities and advantages for themselves and their children.

It is a fine thing for a town to have beautiful and artistic homes and impressive business buildings, all which show prosperous business places and homes, and yet be a business place where people take good care of themselves and their children.

HERE'S AN IDEA

Our Government says, Economize! No Luxury!

What is considered a Luxury? Anything you can do without.

Well then, what about the Senate? We could get along without that.

THEIR FIRST CHOICE

Flight Officer Frances Douglas, an officer of the Women's Division, R.C.A.F., recently took a poll of the women in that service to find out what they wanted most for Christmas, and her findings were sent out by the Canadian Press.

The first choice was the home town newspaper. And the reason given was because it kept them in touch with their homes. Especially was this so when letters failed to reach them. The home paper always gave a general summary of all that went on in the town and district, and covered a wider field of persons and events than a personal letter could possibly do.

Other choices in their order were lingerie, cosmetics and colognes, but not perfumes, housecoats, slippers, silk stockings in airforce color, small radios, fruit cake and chocolates.

But first and foremost among the many choices — The Town Newspaper.

AFTPOWECTFM, INC.

It has been going on long enough! It is time to call a halt! Even lowly man will turn! And, since in union there is strength, it is time for all men who received ties from their wives for Christmas to come to their own aid and form an Association For The Prevention Of Women Buying Christmas Ties For Men, Inc.

It can't happen by accident. There must be a deep, well-laid plot to foist on men concoctions of color and fabric in the form of ties that men dare not wear. And, what is worse, if there is to be peace at home, dare not fail to wear.

It may be all well and good for a man to wear the tie once and then tell the woman the tie is so precious he is saving it for only the most important occasions. And then hope that the dear soul loses her memory and the tie stays at the bottom of the chiffonier drawer. But some wives have good memories. And they carry on and even weep because hubby doesn't love her any more. And if he did love her, he would wear that simply grand tie she spent hours in picking out. What with the pushing and crush in the shops before Christmas, it was a real sacrifice for her. And her feet were so sore. And now he won't even wear the tie. And what is the matter with it anyway? That chaste and commando green choice was the most elegant she could find.

There has been a deep, dark suspicion for many years that every manufacturer of fabrics has been part of a huge conspiracy. We are convinced this is the way it works: The manufacturer picks all the odds and ends he can find no further use for. They may be of celanese, rayon, satin, silk, homespun, cotton, corded silk, or even velvet. Then, with a wink in his eye, he says: "Ha-ha. Women are the buyers. Women love shocking pink, kelly green, luggage tan, winter white, yellow, and a combination of them all. And women do the shopping. Man is defenseless. So now we have it."

Then he calls in a designer who spent half his life in a mental hospital and a quarter of the rest hunting for the pot at the end of the rainbow. He lets him loose on the fabrics piled up in the corner: the pastel shades, the orchids, cerise, spotick reds, burnt orange, dusty (dirty) pink, allice blue, purple, yellow and reds.

The result is what we get for Christmas.

Karl Marx once called on the workers of the world to rise. "You have nothing to lose but your chains," he said. But what are chains when compared with the Christmas ties men have to wear? Is there any greater mark of man's drop in the ladder than wearing one of those ties?

Now this has been on our mind for years and years. But there is always the last straw. And that was when a friend called us into his room. With tears of frustration in his eyes he showed us a tie. It took our breath away. His wife said it was "a really divine tie."

It was quilted, pink satin. It was dotted with pale blue forget-me-nots. It was reversible, lined with pale yellow chintz!

That was the unkindest cut of all. It was only then that we decided on revolt. So far we have been meeting in cellars. And with the rationing it is a dreary meeting place. But duty drives us forward. We must unite. AFTPOWECTFM is our password.

CANADIAN PARATROOPER TRAINING CENTRE



'WAY BACK WHEN

Frank Fairburn, Jr.

GRANDPA

Our grandpa's here for holidays—He has such gentle, old-world ways. When he sits in an easy chair The old and young folks gather there. His tales are cheerful, meek and kind. His manner courteous, refined; His white hair flows in a stream. To where his Byron collar spreads; It's bound, in spite of him, to curl; His blue eyes challenge evil churl; On men and women, dogs and all, His life-learned wisdom, soft and full. He tells breath-taking old sea tales Of superheated men and fighting whales; What'er may be of sin or trouble, It vanishes for him, a bubble. Splashed upon the board of yesterday. He helps us with our work and play. At meal and bedtime he says prayers. And gives God thanks; and help for ours. I hope that my "two boys will be. When they are old, as fine as he!"

THESE WERE the days when the writer of "Olden Days" takes regular pay for the leading "So Long—Corset Counter," Boris A. writes as follows in the Canadian Statesman of Bowmanville.

When we were a young fellow Timothy Eaton had just got his store going. Our mother used to

"WHILE YOU WAIT"

Canada's civilian morale is being mightily bolstered by "foot soldiers" of a somewhat different type—not the mud-marching, weapon-carrying, infantrymen who are winning battles abroad, but the unarmed and un-militant shoe repair man at home.

Caroline Strickland, which set much of the Nation to talking for short distances, have greatly increased the demand for the cobbler's services and the world literally is "beating a path to his door." The somewhat dingy sign: "Shoes repaired while you wait" has disappeared from his window, swept away by an avalanche of unfinished work. Never has the cobbler labored longer or harder.

It hasn't been a case, as with most shopkeepers, of throwing in emergency clerks when business is brisk; like the soldier, the shoe repairman must undergo long and careful training and there are few apprentices.

Although prices of repairs have not increased in proportion to rising living costs, and although he has had ample opportunity to take far more remunerative positions in war plants, the shoe repair man has seemingly decided to "stick to his last" and continue to serve those upon whom he has so long depended for a modest livelihood. Perhaps in a less hurried day his wartime service is keeping the country shod at a time when shoes were hard to come by will be accorded deserving recognition.

drag us thru it like a little girl dangles a dummy doll. Later we toddled... Eventually tried it ourself.

We were never less at ease at the Corset Counter than in the harness department... Both we knew well. A woman would survey the plaster-of-Paris busts and other decorations, and one of them for a while, she would glance herself that it was the image of her own... Thus she arrived at the length of corset to suit her. Ordering it was a cinch.

The straight-jacket... with 7 or 8 miles of laces is wrapped up and away she goes. When she gets home she un-does the parcel... takes the steel girder out and holds it around her sides. Bracing herself to the bedposts she puts her feet side-by-side to lace her in. Then she's all set.

A few years go by and Advertising begins to take the place of the "Bobby and Moody" hymn book. A woman reads about the firm "divinely fair"... her own former faith. She comes the plaster-of-Paris busts from the Corset Counter, and back into a little room the customers are coaxed to have their figures measured and commented upon... then fitted accordingly.

Later with the advent of glass-bow corsets and fancy designs of one kind and another, the up-to-date steel keeper fills their with Elgorte Huggenbights... green garters... transparent breast plates... and pink panties that are as short as you might as well forget them.

This was only the start. With the marvellous changes in store decorations and modernization... hidden and subdued lights, etc... All the latest form fitting regalia and shiny modish garments for dress, are right out in the open to arrest and allure.

The doors that were once covered with a cushiony carpet... the pile so thick and a half thick. A man who enters one of these departments today... no matter how innocent the reason for his being there... feels as if he were in a strange woman's bed-room.

JUST FOR TONIGHT

Backward, turn backward, O time, in your flight, Give me long hair again just as tonight; Let me get busy and busy as I used to be. Washing my tresses and drying up inside, Let some beau call for me driving a horse, Every buckboard would not be so worse; Let us come trotting back, me at his side, Let me say "Thanks for the old buggy ride." Let me give parties where all behave well, Proper in manners or modest they tell; Let some dancer with devious grin, Waltz me around with no flash on his hip; O let me rest from this anti-fogging pest. Throw away compact and cigarette case; Turn out the radio, let me expand, Playing sweet airs on the upright or grand; Let me wear skirts that are down to my knees, Put on a bridle and see how it feels; How I'd love low heels, regardless of height, Give me my corsets back just as tonight.

A hicktown is a place where people think a merchant should sell them things without the coupons because they belong to the same church.

Then there's the sad plight of the kid who couldn't tell the boss his grandmother died—she was working there as a riveter!

Mainly For MILADY

Wanted

For the first time since the war began, the store rooms of the Red Cross are not being filled up quickly enough. For the first time, the Red Cross is not always able to meet the demands made upon it. This is due, of course, partly to the continually increasing demands, but also, partly, to a falling off in some of the work sent in during the summer large numbers of women were doing more outside work than ever before and simply could not do Red Cross knitting and sewing as well.

By this time, however, it ought to be possible for us to pick up our slack and take up our Red Cross work once more. Appeals from headquarters make it clear that the need for more knitters and sewers is increasingly urgent.

Victory Loan promoters have been warning us that although war news is good, this is no time for complacency or for slackening efforts. The same warning would be equally true of the Red Cross. Even though we seem to see the end of the war coming closer, the demands on the Red Cross are greater than ever before, and the need for knitters is greater than ever before.

Day For Grumbling Is Past

Projecting ourselves into the new year as far as fashions in dress go—has been done for us—as the spring collections will show. The silhouette remains slim, coats will be finger-tip, and there will be varied and bright with lots of clean pastel.

Suits with companion coats will be popular and the coat will do double duty.

Blouses have reached an all time high and will be increasingly used to get.

There will be a new trend very marked after the first of the year—shorter—less of this and much less of that and nothing to do about it.

1944 is the year in which we will begin to face facts and come to grips with the phantasmagoria of 1943, and be our age.

These days will be difficult for everyone and merchandise will be designed, produced and shipped if, when and how it is best possible, and we will have to like it.

The day for grumbling is past. When hospitals are rapidly reaching capacity and more are in process of construction for the reception of broken bodies that have suffered for you and me, it is time to begin to come to our senses. Never forget for one moment that the boys have lived, fought and died to protect us.

Look about you, search your own heart and listen to your own conscience and ask yourself this question—Do we rate such sacrifice? Do we worth it? Inconvenience? To a degree that is still luxury living for the rest of the world and wringing our hands and waggling jaws over troubles that are simply non-existent in a realistic world that's us in 1944.

Let us try every moment of the day to be worthy of the devotion which is evidenced on land, sea and in the air by the men whom we are to war. Let us guard their interests as they fight for ours. Let us be conscious of all legislation so that no injustice will be done them. Let us be their just officers.

Let us see to it that not one returned veteran is without a place to live, clothes to make him presentable and a job to do—to give him dignity and self-respect.

Let us also remember their new families and be ready to lead a hand when the soldiers' pay and family allotments cease. This war can't be won when the fighting ceases, we will have to pitch harder at the home front than ever before.

Unselfishness, understanding, patience, intelligence and brotherly love will be needed as never before—this will be the job for 1944 and for many of us it will mean a new trend in thinking and acting—a new fashion in human relationships. A new sense of responsibility and attitude is the foundation upon which to build.



NEW YEAR'S RESOLUTIONS 1944 STYLE

During the twelve war months of 1943, the United Nations have been victorious on many of the world's battlefronts. At home, conservation campaigns and government regulations have been felt by every civilian.

(1) Youngsters under the supervision of a volunteer helper are having their nap in a Dominion-Provincial Day Nursery. The government during the year has sponsored many nurseries for children of working parents. Under the direction of trained personnel, volunteers—many of whom are provided by Women's Voluntary Services—are doing a job to further the cause of "presentism" in war plants. (2) Conservation of fuel is the concern of every Canadian. When cold weather came over the horizon, the young woman in the picture tacked up a furnace card in a prominent place in the basement. With many householders burning soft coal for the first time this year, a new firing technique has to be learned. (3) Mrs. Canada stands on guard with New Year's resolutions.

THE MIXING BOWL

By ANNE ALLAN
Hydro Home Economist



Hello Homemakers: Do you know that more people in Canada feast on the food that they were able to purchase for themselves this season, due to the fact that their earnings were much greater. Large quantities of food products are still in great demand but in short supply. This calls for intensive and comprehensive education on the proper use of food.

Our Dominion Government is launching a second nutrition campaign stressing the conservation of food, during this coming month. The Mixing Bowl Columns will include authentic information and more economical recipes to assist in this programme. It is then up to each and every one to share and play square with food.

Food is fighting for freedom everywhere: in the Army field kitchens where meals are cooked within sound of battle; on ships, cooking goes on as guns roar defiance at enemy dive bombers. Food is fighting in the liberated countries where there is white bread on the table for the first time in years and food fights at home. Canada has produced more food this year than in previous years, but the needs of war, and of the peace which will follow, will impose ever-increasing demands upon our national larder.

Co-operation on the home front will mean four things: It means producing food, conserving food, sharing food and playing square with food.

The Homemakers of Canada will assume a great deal of the responsibility along these lines. During the past year, women took the place of men on the farms and became enthusiastic victory gardeners. This year there will be more exacting demands on the kitchen shelf and Canada's national larder. We will have to consider methods of: 1. Producing still more food. 2. Conserving food, by careful marketing. 3. Preserving food intelligently. 4. Planning Nutritive meals. 5. Proper cooking methods. 6. Using leftovers advantageously.

The fact that some foods are difficult to obtain makes it necessary to share available supplies—not only among ourselves, but with the Armed Forces, the people of Great Britain and fellow nations. If we buy only what we need, we will be taking a big step in the right direction.

Hand in hand with sharing the food is the need for playing square with food, and this means living up to the price and rationing regulations cheerfully and willingly. A few inconveniences or changes in our food habits are not a great sacrifice to make in helping to win this war.

TAKE A TIP:

1. Provide a closed box near your doorstep if the sun shines on the place where the bottle of milk is left. Don't think that sunshine, just because it's good for man and beast, is good for milk too. It is highly destructive of Riboflavin (B2), a valuable nutritive element in milk.

2. Peel potatoes and fruits just before you cook and serve them. Vitamin C is lost when prepared raw foods are left in a warm room.

3. Do use water in which vegetables have been cooked to make soups, sauces, gravies and stews. Vitamin B1 dissolves in water and is wasted when cooking water is thrown away.

4. Don't waste electricity, poundage and food value in these crucial times by wrong roasting methods for meats. Too high temperatures shrink meats in fewer servings and rob them of their Vitamin B1.

RECIPES

Barbecued Beef Leaves

(Requested)

1 strip bacon, 1/2 pound ground beef, 1/2 pound ground lean pork, 1 tablespoon chopped onion, 1/2 cup dry bread crumbs (fine), 1/2 cup milk, 1 teaspoon salt.

Cut strip of bacon fine and mix with bread crumbs, milk and salt. Add meats and onion, and blend well. Shape into 4 individual ob-

long meat loaves and place in shallow oiled pan.

Make Barbecue Sauce by heating together 1/2 cup catsup, 1 tablespoon vinegar, 1/2 tablespoon Worcestershire sauce, 1/2 teaspoon chili powder and 1 tablespoon chopped onion. Pour over the meat loaves and bake 45 minutes at 350 degrees F., basting once or twice. Servings: 4.

Stewed Heart With Rice

(Requested)

1 beef heart (about 3 lbs.), 2 tablespoons cubed onion, 2 tablespoons cubed carrot, 1 stalk celery, 2 tablespoons flour, 2 tablespoons shortening, 1/2 teaspoon salt, 1 tablespoon vinegar.

Wash heart and remove all veins and tough fibres. Cut in small pieces and cover with water for 15 minutes. Drain and add boiling water to cover. Add cut carrot, onion and celery. Simmer gently for 2-4 hours. Mix flour and

melted butter and stir into the hot stew. Add the vinegar and stir until thickened. Serve with a border of steamed rice. Sprinkle with chopped parsley. Servings: 6.

Anne Allan invites you to write to her c/o The Independent. Send in your suggestions on homemaking problems and watch this column for replies.

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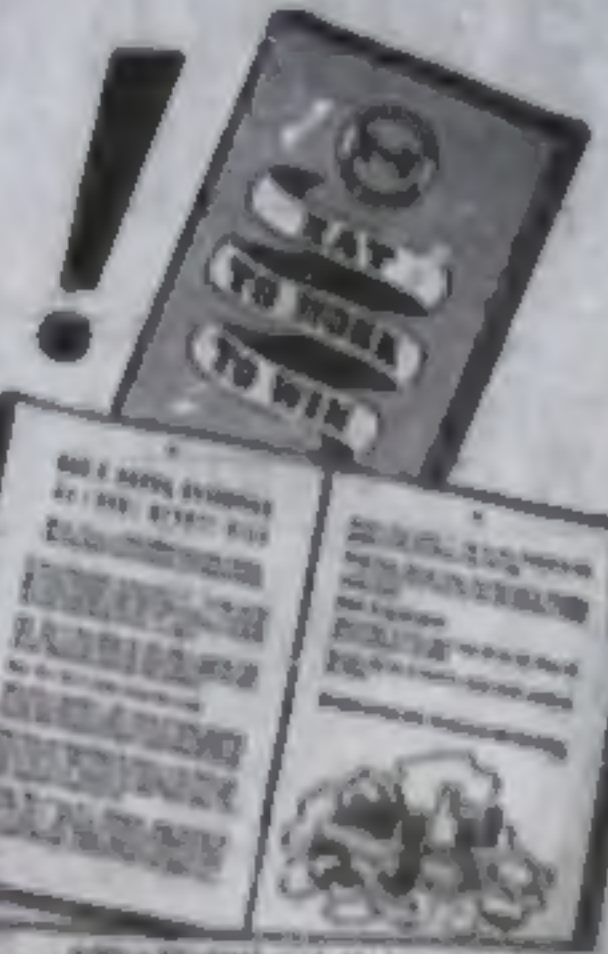
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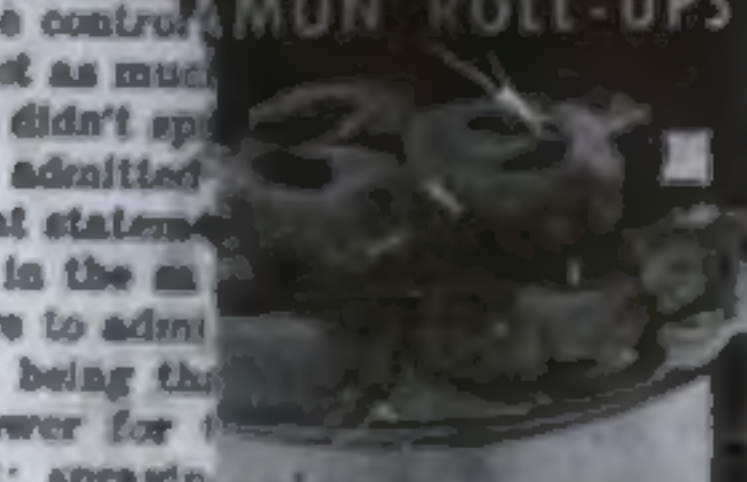
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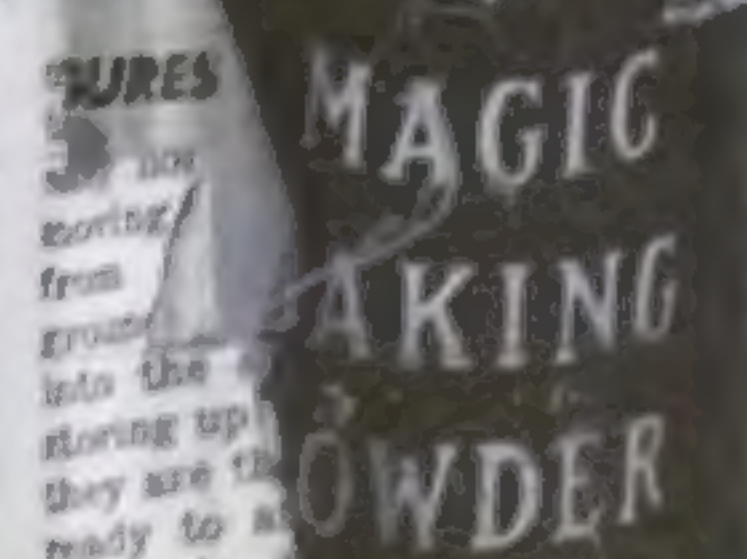
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Time Table For Ration Coupons

(Clip this out and keep available)

Coffee or Tea—(Green)

Coupons 14 to 25 inclusive now valid.

Coupons 26 and 27 valid January 6.

Coupons 28 and 29 valid January 27.

Valid until declared void.

Each good for 5 oz. coffee or 2 oz. tea.

Sugar—(Red)

Coupons 14 to 23 inclusive now valid.

Coupons 24 and 25 valid January 6.

Valid until declared void.

Each good for one pound of sugar.

Butter—(Purple)

Coupons 42 and 43 now valid.

Expire January 31.

Coupons 44 and 45 valid January 6.

Coupons 46 and 47 valid January 27.

Expire February 29.

Each pair good for 1 lb. 1 1/2 lbs. meat.

Meat—(Blue)

Coupons pairs 39, 31 and 32 now valid.

Expire January 31.

Coupon pair 33 valid January 6.

Coupon pair 34 valid January 13.

Expire January 31.

Coupon pair 35 valid January 20.

Coupon pair 36 valid January 27.

Expire February 29.

Each pair good for 1 lb. 1 1/2 lbs. meat.

Preserves—(Orange)

Coupons D1 to D9 now valid.

Coupons D10 and D11 valid January 6.

Valid until declared void.